



BEGINNERS – Adults and Juniors

Ever wanted to try fencing?

It is one of those sports that most people have always wanted to try but perhaps have never had the opportunity.

Now is your chance! Bath Sword Club is the largest and most successful fencing club in the South West and it runs courses for people to learn the basics of fencing as a modern sport.

ADULTS

Duration	6 sessions
Suitable for	The course is targeted to men and women aged 15 and over who have no previous experience of fencing
Objectives	To teach the fundamentals of fencing; attack, defense, safety. To introduce competitive fencing. At the end of the course you will be able to join a fencing club and fully participate in the sport
Cost	£60 payable in advance. A place will be reserved on receipt of payment
Class Size	Classes are limited to a maximum of 14 fencers. If the class is full you will be offered a place on the next course
Equipment	All fencing equipment will be provided. All you need to bring are gym shoes or trainers (no black soles please) and wear loose clothing
Bonus	At the end of the course you will be given a trial membership of Bath Sword Club and be able to attend a free night at the Club

JUNIORS

Duration	10 sessions
Suitable for	<p>The course is targeted at boys and girls from 8 to 14 years of age who have no previous experience of fencing.</p> <p>To teach the fundamentals of fencing; attack, defense, safety, rules of competition and competitive fencing using the foil as the primary weapon.</p> <p>You will take achievement awards (Grade 1 and 2 in Foil fencing) during the course.</p>
Objectives	<p>Level 1 will take four weeks and will teach you movement, use of the weapon and fencing etiquette.</p> <p>Level 2 will take a further six weeks and will develop your knowledge and progress towards a wider range of skills to enable you to get more out of sparring with each other.</p> <p>There will be an assessment of your progress after each level and a chance to earn a badge and certificate should you reach the required standard.</p>
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Equipment	All fencing equipment will be provided. All you need to bring are gym shoes or trainers (no black soles please) and wear loose clothing